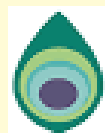




GOVINDA'S



MONDAY

OPTION 1 D N
Wholemeal Spaghetti
with Creamy Veg. Tomato Sauce

OPTION 2 N
Green Mung Dal
Served with Sweetcorn Rice

DESSERT Butter
Chocolate Besan Ladoo

SPECIAL SALAD N
Chickpea & Carrots Stir-fry
with roasted Coconut

TUESDAY

OPTION 1 D N
Mexican Nachos
with Kidneybeans Chilli,
Cheese & Herb Yogurt

OPTION 2 D N
Sweetcorn & Pepper Sabji
Served with Mix Veg. Rice

DESSERT D N
Chocolate Cake & Custard

SPECIAL SALAD D
Bundi Raita

WEDNESDAY

OPTION 1 D N
Cucumber & Cheese Sandwich
Served with Tomato Soup

OPTION 2 N
Split Urad Dall
Served with Spinach Rice

DESSERT N
Jelly

SPECIAL SALAD N
Pasta Salad
with Sweetcorn & Olives

THURSDAY

OPTION 1 D N
Veg. & Paneer Kurma Sabji
Served with Naan & Jeera Rice

OPTION 2 N
Dal-Fry (Tuver & Yellow Mung)
Served with Naan & Jeera Rice

DESSERT D
Kheer

SPECIAL SALAD N
Veg. Flat-Rice Salad

FRIDAY

OPTION 1 D N
Margherita Pizza

OPTION 2 D
Tasty Spicy Yogurt Rice
& Papadum

DESSERT D
Ice-Cream

SPECIAL SALAD N
Mix Veg. Rice Noodles

WEEK - 1

SUMMER TERM MENU 2016

- Selection of 4 different Fresh Salads and delicious "Special Salad of the day" is served daily.
- On all Ekadasi and special days such as Gaura Purnima, Ramanavmi, Narshimha Chaturdashi and Janmashtami delicious Farali Prasad will be served.
 - Menu is subject to change if the Bhoga is not available.
- Govinda's kitchen staff would like to thank you for your support. **D - Dairy N - Non Dairy**



WEEK - 2 SUMMER TERM MENU 2016

MONDAY

OPTION 1 D N
Cheesy Vegetable
Wholemeal Pasta Bake

OPTION 2 N
Tuver Dal
with Steamed Basmati Rice

DESSERT D
Mango/Fruit Yogurt

SPECIAL SALAD N
Beetroot & Sunflower Seeds

TUESDAY

OPTION 1 D N
Mexican Tacos
Filled with Chilli Bean,
Cheese & Herb Yogurt

OPTION 2 D N
Mix Vegetable Curry
Served with Butter Rice

DESSERT Butter
Chocolate Crispies

SPECIAL SALAD D
Cucumber Raita

WEDNESDAY

OPTION 1 D N
Veggie Burger with Cheese
& Tomato Chutney

OPTION 2 D N
Kadhi
Served with Veg. Pilau Rice

DESSERT Butter
Apple Crumble & Custard

SPECIAL SALAD N
Mix Veg. Bulgar Wheat Salad

THURSDAY

OPTION 1 D N
Veggie Paneer Wraps
with Broccoli & Carrots Stir-fry

OPTION 2 N & Butter
Split Blackeye Bean &
Broccoli & Carrots Stir-fry,
served with Butter Rice

DESSERT D
Shrikhand

SPECIAL SALAD N
Pasta Salad

FRIDAY

OPTION 1 D N
Pizza with Sweetcorn

OPTION 2 D N
Vegetable Biryani with Yogurt
& Papadum

DESSERT N
Fruit Jelly

SPECIAL SALAD N
Mix Fresh Salad
Lettuce, S.corn, Carrot, Cucumber, Tomato,
Apple/Grape, Pasta & Italian Dressing



WEEK - 3 SUMMER TERM MENU 2016

MONDAY

OPTION 1 D N
Macaroni Cheese
with Steamed Broccoli

OPTION 2 N
Potato Sabji
Served with Carrot Rice

DESSERT D Butter
Cream & Jam Puff Pastries

SPECIAL SALAD N
Mix Veg. Couscous Salad

TUESDAY

OPTION 1 D N
Mexican Enchiladas
Filled with Veg, Beans,
White & Tomato Sauce & Cheese

OPTION 2 D N
Kadhi
Served with Stir-fry Vegetables
& Steamed Basmati Rice

DESSERT Butter
Chocolate Cookies

SPECIAL SALAD D
Carrot Raita

WEDNESDAY

OPTION 1 D N
Cheese & Tomato Sandwich
Served with Veg. Soup

OPTION 2 N
Veg. Sambhar & Lemon Rice
Served with Idli D

DESSERT D Butter
Angel Delight Mouse

SPECIAL SALAD N
Mix Bean Salad

THURSDAY

OPTION 1 D N
Roasted Vegetables
with Pasta

OPTION 2 D N
Vegetable Biryani
Served with plain Yogurt

DESSERT D N
Fruit Salad

SPECIAL SALAD N
Roasted Potato Salad

FRIDAY

OPTION 1 D N
Govinda's Pizza with
Sweetcorn, Olives & Peppers

OPTION 2 D N
Veg. Kichdi
with plain Yogurt & Papadum

DESSERT D
Ice-Cream

SPECIAL SALAD D
Coleslaw

