



KRISHNA AVANTI

Excellence · Virtue · Devotion

KRISHNA AVANTI
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Dear Parent and Carers,

I begin this week's news by sharing with you the special letter sent by Her Majesty's Lady in Waiting from Buckingham Palace. It was a wonderful surprise. Please see the website to read the full information that was sent.



BUCKINGHAM PALACE

To: The Children at Krishna Avanti School

The Queen wishes me to thank you for your letters, and for your kind words on the occasion of Her Majesty's ninetieth birthday.

The Queen was glad to hear that you had such an enjoyable time on your recent visit to The Royal Mews, and interested to know that your school took part in the 'Clean for The Queen' campaign.

As I hope you will understand, Her Majesty does not have time to reply personally to all the hundreds of people who write to her each day, but The Queen appreciated the careful thought you have given to your questions and I am enclosing some information which you may like to see.

I am to send Her Majesty's best wishes to you all and thank you, once again, for your thoughtfulness in writing as you did.

Lady-in-Waiting

May 19th 2016



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"Krishna Avanti Primary School, Harrow" is an academy school within the trust, and is effectively a trading name of the trust.

SCIENCE FOCUS We are looking forward to a week of **SCIENCE ALL AROUND US**



The aim is to encourage all children to participate in lots of science based investigations and to grab their imagination and enthusiasm. Throughout the learning we hope to:

- encourage the children to see themselves as scientist
- show how important science is in our lives.
- promote learning with parents and carers
- show-case and celebrate individual learners, share success and enthusiasm

We would like to welcome you in to come and help out during the week if you have any spare time - no prior knowledge necessary.

Science and technology is all around us. You may be in a profession where you use science every day. Please come and talk to your child's class about your job. The children would gain much knowledge from your career and feel inspired too.

We have a variety of fun activities planned, including a quiz. To warm up for the event test your brain power.

How good is your knowledge - Can you answer the following scientific questions:

- 1. *Where are human triceps muscles to be found?***
- 2. *Which part of the eye is coloured and surrounds the pupil?***
- 3. *Dry ice is a frozen form of which gas?***



YOUR UNWANTED ITEMS COULD BE OUR TREASURE



The school team have been spending time considering how we can improve the learning environment and increase opportunities for our children to use their imaginations. We want the children to enhance their understanding of materials and interact with their classmates through play about the world around them.

Last week, Ms Pandya and I visited a school where much of the learning happened initially outdoors before the children write about their learning.

We have come back with many ideas and would welcome the following donations to help towards building our school vision:

Please kindly donate the following items:

- ✓ **Unwanted clean kitchen pans, pots, wooden utensils**
- ✓ **Clean drapes, fabric and saris**
- ✓ **Unwanted clean wooden blocks and toys only**
- ✓ **Unwanted clean Lego pieces**

Please bring the items to the Main Reception Area in a bag marked with your child's name. We would like to present a certificate to your child for helping us to improve our learning opportunities.



Continued... Making an outdoor kitchen



THOUGHT OF THE WEEK After prayers at collect worship time, our school assemblies will focus on different core values of character formation – respect, integrity, humility, courage, empathy, gratitude and self- discipline. They will relate to our SEAL curriculum, Social, Emotional, aspects of learning too. The values will also be discussed during circle times throughout the week in class. It would be useful if you could talk about this at home too.

VALUES OF Gratitude and Kindness continued

“The science of Gratitude”

Quote “Be the change you wish to see in the world” by Mahatma Gandhi

Scientific research suggests that practicing gratitude can increase happiness by 25%. This week we will ask the children to consider how demonstrating gratitude contributes to a valuable life lesson and their personal well- being.

YOGA and MINDFULNESS LESSONS Mrs. Hothi will also continue with this theme through her lessons.

Key stage one carried out a yoga session called Krishna the butter thief. Last week they learnt that if we offer Krishna a leaf, a flower, a fruit or water He accepts it. This week they will learn the reason why mother Yasoda's attempt in tying Krishna up to the wooden grinding mortar was always 2 fingers too short. These 2 fingers represented “love and trying”. If we offer anything to Krishna with love, He will accept it. The children will learn that although Krishna has everything, if we offer Him love and gratitude as an offering, he will see we are trying our best. The yoga class will be based on fine yoga poses to incorporate in the story.



Key stage 2 children learnt a story about a poor Chinese family who only had rice and beans to eat. When they got fruits and vegetables it was a celebration. The story developed where a different family had nothing to eat. Through mindfulness, the children have learnt that though there may be so many things to complain about, they may find that their lives are better than other people experience.

Hence, it is vital to appreciate and be grateful for what we have.

FOOTBALL MATCH REPORT by Vishnu Gor and Khushil Varsani in Class 5

On Tuesday 17th May, KAPS (Krishna Avanti Lions) played Camrose Primary school in a friendly match. Our team consisted of a strong starting line-up, which included the following players: Anish Rana, Dylan Vekaria, Deepak Rajani, Neel Gaglani, Vishnu Gor, Khushil Varsani, Dillan Patel, Pranay Jagani, Hriday Dabasia, Tanishq Pal, Devak Gor, Ved Patel and Hem Shah.



After some preparation for the match which involved: tactics to familiarise to the rules and warm ups, the whistle finally blew and the game began. The last time KAPS played against Camrose Primary School the game had ended with a mutual score of 2-2. However KAPS were passionate to change this for the better and gain victory.

As Camrose were passing the ball around their defence Devak Gor swapped his position from substitute to left wing (LW) where Pranay Jagani was playing. Ten minutes into the match, Devak immediately drove the ball into the middle of the pitch where he passed it to Vishnu Gor, although Vishnu was fouled. Dillan Patel (KAPS's free kick taker) stood up to take the kick. The whistle blew and the ball curled into the top right corner of the net! GOAL! All the spectators roared along with the team. At this stage the players of KAPS had hope of winning.

Camrose placed the ball onto the half way line (centre of the pitch) in order to gain their chance to score and even the situation out. However Dylan V from Avanti Lions managed to gain the ball and strike it towards the opposition's half. At the stage both battled it out on the pitch for the ball.

With only five more minutes left till half time, Dillan P (our initial goal scorer) was fouled which was a blessing in disguise, as Avanti lions had the opportunity to score again. This time Dillan P drove the ball into the bottom right corner of the goal. This was the 2nd goal for Avanti Lions. This concluded the first half of the match. **Avanti Lions: 2 Camrose: 0**

The second half commenced after Avanti Lions' coach Harsh Mandavia gave the team a 'pep talk.' KAPS Lions nervously took kick off. Around two minutes into the second half of the match and Camrose were all out to attack, in order to redeem themselves. Swiftly, Deepak (KAPS left back) stole the ball off the opposition and kicked it to Hem who then laid it off to Vishnu who whipped it to Khushil. Khushil then lashed the ball into the goal successfully. This bought the score to **Avanti Lions: 3 Camrose: 0.**

Avanti Lions are delighted about their victory!

Please view the photographs on the website.

AND FINALLY... On Friday class 2A performed a splendid assembly to mark the Appearance of Lord Nrsimhadeva. The children retold the story through action and song of Lord Krishna's young devotee Prahlada.

Thank you and well done children, Mrs Ahuja, Miss Fernandes and Mrs Parmar!

Summer Diary Dates are set out below:



24/05/16	General School Tour Request – register your interest via the school's website
25/05/16	School Uniform sale – please come to the Reception
25/05/16	TEACHING CHILDREN ABOUT SCIENCE AROUND US led by Ms Naidoo – We would like to welcome you in to come and help out during the week if you have any spare time - no prior knowledge necessary. Science and technology is all around us. You may be in a profession where you use science every day. Please come and talk to your child's class about your job. The children would gain much knowledge from your career and feel inspired too.
27/05/16	Break up for Half Term
06/06/16	Children return to school
10/06/16	Year 5 and 6 visit to Isle of Wight Residential trip

Wishing you a good week and an enjoyable half term holiday ahead.

Hare Krishna

Mrs Bindu Rai
Principal