Secondary Curriculum Information Pro-Forma

Subject:	Subject Leader:		
	DANCE		MON

YEAR 7	Theme Title	Key Areas of Knowledge Acquisition	Key Skills and Processes Learned
Term 1 (September – October)	Intro to dance part 1	Simple body awareness: Learning about the importance of warming up and cooling down. Learning positions of feet and arms in dance, basic steps (pas de bourrée, demi plié). Understanding body alignment in dance. Learning how to self/peer assess. To memorise a short routine by heart.	Observe, repeat, memoriseteam work. • Learning about the skeleton, the impact of working out on our body (body awareness). • Skills learned through a warm up and a routine. • Use of yoga blocks when cooling down to improve their core strength and flexibility. • Introduction to group work, team work: Learning Selfdiscipline, respect and empathy through group/peer tasks. Acceptance respect and empathy for others No talking/giggling when watching a performance. Peer feedback (1 star/1 wish): unison.
Term 2 (November – December)	Intro to dance part 2	 Alignment (Stable support on 2 feet without taking risks) Learning basic technical steps (dégagé, retiré). Performing unison and implementing canon in my 	Learning new steps through short sequences of movement. Challenging their memory and building up confidence through practicing canon in group work.

		dance. • Learning about shapes in dance. • Key words: 3 positions of the feet & arms, demi plié, dégagé from a parallel position.	 Learning new shapes using professional work as an example. Getting creative using different shapes in group tasks. Showing courage when performing in group in front of the class. Acceptance respect and empathy for others No talking/giggling when watching a performance. Peer feedback (1 star/1 wish): unison, timing, focus.
Term 3 (January – February)	Musical theatre "Matilda" part 1	 Learning about musical theatre. Learning the choreo from Matilda, "The revolting children". Learning dégagé and en croix from a turn out position. Alignment (Stable support on 1 foot without taking risks) To memorise a short routine by heart and in time with the music. Key words: grand plié, 	 Analysing Video from the musical. Learning the moves from the video. Practicing and improving on body alignment and technique through warm up, corner work, video/picture evidence and peer assessment. Showing 2 contrasted dynamics. No talking/giggling when watching a performance.
		retiré, dégagé from a turn out position, spotting technique, facial expressions.	Acceptance respect and empathy for others Peer/self-feedback (1 star/1 advice): unison, timing.
Term 4 (March – April)	Musical theatre "Matilda" part 2	 Working in groups, linking shapes (introduction to pathways) 	 Working as a team mirroring the original <i>choreo</i>. Improving stage presence

		 Showing one dynamic and implementing stage presence in my dance. Using props when dancing. Learning about floor barre. To show stage presence, focus. 	through video evidence and peer assessment. Improving their body alignment, body awareness and technique using a range of exercises performed on the floor (floor barre). Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography. Key words: unison, canon, timing, focus, facial expression. Acceptance respect and empathy for others Peer/self-feedback (1 star/1 advice): unison, canon, timing, focus, facial expression.
Term 5 (April – May)	Lyrical Dance Part 1	 Learning about Lyrical dance. Correcting body alignment when warming up. Learning about stimuli. Introduction to corner work. Intro to Dance contact: counter balance with different body parts. Introduction to pirouette and safe jump technique. 	 Watching professional work inspired from the song. Learning how to use movement to express lyrics. Peer assessment, learning good alignment through correcting a peer. Investigating different stimuli using group work and creating a choreo based on

		 Timing and precision: motif development (very fast, very slowly). Key words: Mirror, Q&A, stimulus. 	 them. Investigating basic alignment technique in space and developing awareness skills further using corner work and change of directions. Stage awareness (coming on and off stage). To implement canon and levels.
			Acceptance respect and empathy for others No talking/giggling when watching a performance. Peer/self-feedback (1 star/1 advice/1 steal): unison, canon, timing, focus, facial expression.
Term 6 (June – July)	Lyrical Dance (Part 2)	 Learning about stage directions. Implementing two dynamics in my dance. Creating a dance based on lyrics. 	 Preparing them to professional work using staging skills and implementing new key words when practicing routine. Rehearsing group and working towards the end of year show. Using lyrics as a stimulus to deepen their ability to express themselves.

	Introduction to Street Dance	Developing body awareness:	Observe, focus, link, divide, create.
Term 1 (September – October)	Part 1	 Learning about Street Dance history. Learning the technique (jacking, imaginative moves). Working in groups. Demonstrate body alignment and correct weight transfer in the performance of the warm up. Floor barre (straight back, roll down/up, flex/point, 6th, 1st plié). Key words: jeté. 	 Organic battle, crews. To create moves based on Street dance style. Analysing a dance video and learning the moves from a video. Building up on team work, self-esteem, courage and stage presence. Acceptance respect and empathy for others No talking/giggling when watching a performance. Peer feedback (1 star/1 wish): unison, timing, focus, Q&A.
Term 2 (November – December)	Introduction to Street Dance Part 2	 Creating a dance based on a video. Creating Graffiti/lyrics to illustrate the dance(Cross curriculum with Art and music) 6 dance actions: Chance method. Key words: unison, canon, timing, focus, facial expression, levels, Q&A. 	 Reflecting on previous learning and creating a crew with a name, an identity and a leader. Group work based on the concept of organic battles. Building up on confidence and creativity. Acceptance respect and empathy for others No talking/giggling when watching a performance. Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.

Term 3 (January – February)	Introduction to Jazz Dance Part 1	Matt Mattox technique (part 1). Learning about Isolations, coordination, technical steps and spotting technique.	Implementing new steps in corner work and routine. Investigating the technique using warm up exercises and short sequences of movement. Investigating different dynamics through a set routine. Acceptance respect and empathy for others Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.
Term 4 (March – April)	Introduction to Jazz Dance Part 2	 Introduction to motif development. Learning more technical steps (mambo, chainés, jumps). Learning different dynamics and pathways. Floor barre (+ lateral back, 2nd turn out). 	 To divide a routine in motifs To change order, directions. To link motifs together. Implementing the spotting technique in challenging/fun exercises in the centre involving jazz steps and pas de bourrées. Acceptance respect and empathy for others Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using

			this to inform their own learning and improve performance and choreography.
	Urban Contemporary Dance Part 1	 Learning about Contemporary Dance. Introduction to back curves. Develop an ability to perform more complex movements with accurate alignment and use of space. 	 Exploring the technique through a warm up. Experimenting body alignment further through a routine. Professional work: learn a motif and develop it (change order, directions, canon, Q&A).
Term 5 (April – May)			Acceptance respect and empathy for others
			Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.
Term 6 (June – July)	Urban Contemporary Dance Part 2	 Introduction to transfer of body weight. Learning new jumps. Consolidating the pirouette technique. Creating a dance based on a picture. 	 Experimenting and developing transfer of body weight through leg exercises and short sequences of movement involving levels and floor work. Implementing spotting technique and jump technique in technical corner work and centre work. Investigating visual stimulus through group tasks.

	 Create a dance based on a stimulus (word, picture).
	Acceptance respect and empathy for others
	Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.

YEAR 9	Theme Title	Key Areas of Knowledge Acquisition	Key Skills and Processes Learned
Term 1 (September – October)	Dance technique Recap/challenge	 WT Secure body awareness: Demonstrate an ability to perform more complex movements with accurate alignment and use of space. Demonstrated co-ordinated single pirouette with correct use of spotting technique, supportive leg and placement of working leg (retiré). 	 Learning about body weight, fall and rebound, breathing, movement of the chest (Drop, curve) Set warm up with build up to grand plié in first position turn out and grand battement. Set pirouette and grand battement exercise to build up on control of body alignment and spotting technique. Technical routine: challenging previous knowledge (motif development: directions).
			Acceptance respect and empathy for others
			Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and

			artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.
	Introduction to Dance contact	 Observe, explore, develop, create. Dance contact: over, under, around, through. Safe dance practice. 	 Developing a motif using over, under, around, through and RADS (Relation/Actions) Use of professional work to understand "over, under, around, through". Use of professional work as a starting point for a dance (Dance Tek Warriors).
Term 2 (November – December)			Acceptance respect and empathy for others
			Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.
Term 3 (January – February)	Motif development Spatial content Part 1	 Demonstrated well co- ordinated turning actions (pirouette, chainé, déboulé). Demonstrate elevation with controlled landing (2 feet/2 feet, 1 foot/1 foot, 2 feet/1 	 Learning about safe practice when lifting and landing from a jump. Developing a motif using RADS (Dynamics /Space)
Term 5 (January Tebruary)		foot). • Lifting safely.	Acceptance respect and empathy for others
		- ,	Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their

			own work and that of others using this to inform their own learning and improve performance and choreography.
Term 4 (March – April)	Motif development Spatial content Part 2	Secure knowledge of Dance contact and motif development.	Implement lifts, dance contact and motif development in a dance. Acceptance respect and empathy for others Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.
Term 5 (April – May)	Choreographic devices Part 1	 Demonstrate use of gravity and relaxation of upper back to project more complex movements into and through space. Use of choreographic devices. 	 Choreographic project: working towards an end of year performance. Learning how to structure a dance (ABA) Create a dance: A first big idea, B contrast to your big idea. Link A and B together using choreographic devices.
Term 6 (June – July)	Choreographic devices Part 2	 End of year choreography. Rehearsing. Dance diary. 	 Repeat of Section A but with use of RADS. Rehearse: This means, polish, redraft, edit, add, change the order of things that don't fit together. Ask yourself, it is logical? Is it interesting? What am I communicating to the audience and how?

	Log in: Booklet/diary. Acceptance respect and empathy for others
	Describe, analyse, interpret and evaluate dances demonstrating an understanding of style, context and artistic intention; reflect upon their own work and that of others using this to inform their own learning and improve performance and choreography.

YEAR 10	Theme Title	Key Areas of Knowledge Acquisition	Key Skills and Processes Learned
Examination Board and Specification	Title & Number:		
Recommended reading/preparation: "Safe Dance Practice" Edel Quin "Dance Anatomy" Jacqui Greene Haa AQA GCSE Dance: Student's Book by	s		
Term 1 (September – October)	GROUND WORK/Intro UNIT 2	 Safe Dance practice Technique classes (development of technical ability and performance skills) Unit 2 (RADS) 	 Warm up Cool down Prevention injuries Safety Dance Space Nutrition Warm-up and cool-down factsheets. RADS Relations Actions Dynamics Space Unit 2 mock diary (RADS).

			 Formative assessment in every lesson. Video diary: self/peer/teacher feedback. Summative assessment: unit 2 mock assessment (week 5/6).
Term 2 (November – December)	TECHNIQUE/ALIGNMENT UNIT 3	Faultline Structures of dance (Binary, ternary)	 Technique classes (development of technical ability and performance skills) Faultline: Watch + worksheet. Faultline: exam style questions UNIT 1. Unit 3: diary. Attending extra rehearsals to practice their dance work both independently and in groups. Formative assessment in every lesson. Unit 3 video diary: self/peer/teacher feedback. Summative assessment: unit 3 mock assessment (week 5/6).
Term 3 (January – February)	STIMULUS	 Choreography: How do we create choreography? Stimulus. 	 RADS, Motif, development, structure, Use of space, contact, climax, music, performance skills, polish and refinement, evaluation in order to improve.

			Watch/ get inspired from videos from different work.
			 All practical work in written workbooks, research for each stimulus. Research/plan for unit 4b:
			Research/plan for unit 4b:Stimulus
			Pick one for unit 4b
			Dancers/rehearsal planning
			> music
			Attending extra rehearsals to practice their dance work both
			independently and in groups.
			macpendentity and migroups.
			Formative assessment in
			every lesson.
			Video diary:
			self/peer/teacher feedback.
			• Summative assessment: unit 4b mock assessment (week 5/6).
	UNIT 4b	 Introduction to Unit 4b Choreography. Google research/planning. 	Technique classes (development of technical ability and performance skills).
			• Unit 4b Choreography.
			Unit 4b booklet.
			Attending extra rehearsals to
Term 4 (March – April)			practice their dance work both independently and in groups.
			Formative assessment in every lesson.
			Unit 4b video diary:
			self/peer/teacher feedback.

			• Summative assessment: unit 4b mock assessment (week 5).
Term 5 (April – May)	Dance Tek Warriors"	• Dance Tek Warriors : Watch + worksheet.	 Technique classes (development of technical ability and performance skills). Unit 4a choreography: Motifs development from Dance Tek Warriors. Unit 4a booklet. Planning unit 4a: Dancers Rehearsal planning music Attending extra rehearsals to practice their dance work both independently and in groups. Formative assessment in every lesson. Video diary: self/peer/teacher feedback. Summative assessment: unit 4a mock assessment (week 6).
Term 6 (June – July)	UNIT 4a	• Unit 4a • Week 7: Recap unit 2,3,4a,4b	 Unit 1 mock questioning Technique classes (development of technical ability and performance skills). Unit 4a booklet. Attending extra rehearsals to practice their dance work both independently and in

		groups.
	•	Formative assessment in every lesson. Unit 4a video diary: self/peer/teacher feedback. Summative assessment: unit 4a mock assessment (week 6).